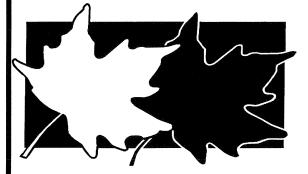


# WEST LAFAYETTE



# Parks and Recreation

Winter/Spring Recreation Guide



2010

# WELCOME

Inside this brochure you will find plenty of opportunities to start the year our right. You can choose from fitness to discovering hidden artistic talents. Join us for some fun.

Mail your registration today! Discover the Benefits of your Parks & Recreation.

### City Officials

Mayor:

John Dennis

Clerk-Treasurer:

Judy Rhodes

#### **Council Representatives**

Peter Bunder

Vicki Burch

Steve Dietrich

Jon Hoggatt

Ann Hunt

Gerry Keen

Gerald Thomas

#### Parks and Recreation Board

Mike Dana

Mary Nauman

Garnet Peck

Richard Shockley

Karen Springer

John Sorensen - Attorney

#### Parks and Recreation Staff

Joe Payne

Superintendent

Pennie Ainsworth Asst. Superintendent

Lee Booth

Parks Director

Chris Foley

Recreation Director

Brenda Lorenz

Morton Director

# Parks and Recreation City Hall Office

609 West Navajo - Phone 775-5110

# **Morton Center**

222 N. Chauncey - Phone 775-5120

# **Riverside Skating Center** 743-RINK (743-7465)

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# Special Thanks to the West Lafayette School Corporation

Some programs and activities are conducted at various schools in the City of West Lafayette. Our special thanks to the West Lafayette School Corporation, Board of Education, faculty and staff for their cooperation and support.

"If you never did, you should. These things are fun and fun is good." Dr. Seuss Parks & Recreation, Discover the Benefits...

# FITNESS & WELLNESS

## Young At Heart Senior Aerobics -

This is a total exercise program designed specifically for older adults. The low impact exercises increase flexibility, strengthen muscles, and enhance coordination while providing a cardiovascular workout. The participants can incorporate the use of free weights to increase the workout. Taught by a Registered Nurse, the class provides blood pressure monitoring and socialization. Total discount of \$10 given if student signs up for all four classes at the same time. Call Nancy for more information at 463-3282.

 $In structor: Nancy \, Edwards, Registered \, Nurse$ 

Location: MPR & room 200 Ages: 50 & older

<u>Session</u>	<u>Days</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Mon, Tues & Thur	Jan 11-Feb 4	8:45-9:30am	154151X	*\$25
2	Mon, Tues & Thur	Feb 8-Mar 9 no class 2/15	8:45-9:30am	154152X	*\$25
3	Mon, Tues & Thur	Mar 11-Apr 8	8:45-9:30am	154191C	*\$25
4	Mon, Tues & Thur	Apr 12-May 6	8:45-9:30am	154192C	*\$25

<sup>\*\*</sup>If all four classes taken and registration done at the same time, the price would be \$90 instead of \$100.

#### – Tai Chi Chuan <sup>-</sup>

Tai Chi is a flowing, slow movement exercise which works with balanced energy and efficient body mechanics. This is a workshop on principles and practice methods for everyone—beginners and students with prior experience. Specific exercises of root practice (the foundation of all Tai Chi movements) will be taught. Beginners can take these exercises with them to start their own regular practice and advanced students will find that these exercises provide excellent core principles for refinement of their current practice.

Call David at 765-564-2258 for more information.

Instructor: David McCain

Location: Morton Center, room 101

<u>Ages</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
15 & older	Sat	Apr 3	1:00-4:00pm	153051W	\$25

# Lathi & Spinning Stick

Lathi is an ancient martial art from India. It uses a long staff and centers at the heart. Lathi is great fun, a good workout and easy to learn. Performed slowly, the rhythm has a meditative quality. Done at a faster speed, it is an excellent aerobic exercise. Call David at 765-564-2258 for more information.

Instructor: David McCain

Location: Morton Center, multipurpose room

<u>Ages</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
10 & older	Sat	Feb 13	1:00-4:00pm	153011A	\$25

# Alexander Technique for Stress Relief

Do you feel tired and drained? Learn new postures and body movements to correct stressful habits at work and home. Increase your energy flow and awareness with simple subtle movements. This class is especially beneficial for yoga, taiji, massage and healing practitioners. Use your body with maximum ease and effectiveness to achieve high skill and competence levels. Recommended by athletes, dancers, musicians, and actors. Call David at 765-564-2258 for more information.

Instructor: David McCain Location: Morton Center, room 108

<u>Ages</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
15 & older	Wed	Mar 10	7:00 - 9:30pm	153031Y	\$20

#### – Tai Ji *–*

It does not matter how you spell it—this combination of the flowing movements of TaiJi and the gentle repetition of QiGong (Chi Kung) is very calming and soothing. Tai Ji is a combination of flowing movements and gentle repetition. Call Tai Ji instructor Mary at 765-426-5541 for more information.

Instructor: Mary Campbell

Location: Morton Center, room 101 Ages: 16 or older

**Tai Ji QiGong 18 Steps - Beginning** This form in itself is sufficient for a life time. It is also an excellent introduction to the foundational principles of the many forms of TaiJi. As such, it is especially suitable for beginners.

<u>Day</u>	<u>Dates</u>	<u>Times</u>	<u>Code</u>	<u>Fee</u>
Mon	Jan 25-Mar 8 no class 2/15	2:00-2:50 pm	152366J	\$60
Mon	Mar 22-Apr 26	2:00-2:50 pm	152366Y	\$60
Thu	Feb 4-Mar 11	5:30-6:20 pm	152366K	\$60
Thu	Mar 25-Apr 29	5:30-6:20 pm	152366Z	\$60

Tai Ji QiGong 18 Steps - Continuing This class offers the opportunity to practice, deepen, and refine the form learned in the beginning class. Class members should have taken the beginning class with this instructor.

<u>Day</u>	<u>Dates</u>	<u>Times</u>	<u>Code</u>	<u>Fee</u>
Mon	Jan 25-Mar 8 no class 2/15	3:30-4:20 pm	152367M	\$50
Mon	Mar 22-Apr 26	3:30-4:20 pm	152367Y	\$50
Thu	Feb 4-Mar 11	6:30-7:20 pm	152367N	\$50
Thu	Apr 1-29	6:30-7:20 pm	152367Z	\$45

The World is a stage,
Life is a game,
It's how you play that matters.
Parks & Recreation,
Discover the Benefits...

#### **Aroma Relaxation**

Aromatherapy is the therapeutic use of essential oils from aromatic plants to restore and enhance health, mind, spirit and beauty. Zimfira Madan, aroma relaxation therapist and reflex ologist, is a holistic practitioner with a medical background. Join her for exercise classes enhanced by aromatherapy, music therapy, foot reflex ology, and facial and scalp massage. Different breathing techniques will strengthen health and mind to create a peaceful and calm body spirit. Dress comfortably for sitting, lying and stretching. Students should bring mats or a small blanket. Call Zimfira for more information at 765-497-0619.

Instructor: Zimfira Madan Location: Morton Center

Ages: 16 & older (children under 16 may be permitted with instructor approval)

<u>Day</u>	<u>Dates</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>
Mon	Jan 25-Mar 1 no class 2/15	7:00-8:15pm	202	154052A	\$50
Mon	Mar 22-Apr 19	7:00-8:15pm	202	154053A	\$50
Fri	Jan 29-Feb 26	9:00-10:15am	200	154052Y	\$50
Fri	Mar 26-Apr 30 no class 4/2	9:00-10:15am	200	154053Y	\$50

# — Awareness Through Movement® for Low Back and Hip Comfort —

If you are like many people, you have occasional stiffness, or even pain in your low back and hips. What would you be able to do if your back and hips moved more freely? One of the benefits of ATM® is reducing pain and moving more comfortably. Based in science, this class uses the mind-body connection to improve how you use your body with less effort and improved comfort. Using focused attention along with unique movement sequences, ATM® informs and improves the way you organize and use your hips and low back for everyday tasks. Other benefits include; stress relief, improved posture and breathing, and a refreshed and invigorated mind and body. Dress in comfortable layers for lying and sitting on blankets on the floor. For more information, contact Carla Rock, MS, PT, GCFP: 491-4375, Carla.rock@comcast.net, or CarlaRock.com.

Instructor: Carla Rock (Physical Therapist)
Location: Morton Center, room 206 Ages: 14 or older

Dates Reg. Deadline Time Day Code Fee Tues Feb 2-16 Jan 29 7:00-8:00pm 154831C \$30 Wed Feb 3-17 Jan 29 10:00-11:00am 154831D \$30

# Awareness Through Movement® — for Low Back and Hip Comfort Workshop

All the benefits of ATM® classes in a concise workshop format! Workshop will include movement lessons designed to improve flexibility and comfort for your low back and hips and a CD of an ATM® lesson by Carla Rock. Winter/Spring workshops cover the same topic but have different material. Both workshops may be taken either individually or together. Appropriate for those who have never tried ATM® as well as experienced students. Dress in comfortable layers for lying and sitting on blankets on the floor. For more information, contact Carla Rock, MS, PT, GCFP 491-4375, Carla.rock@comcast.net or CarlaRock.com.

Instructor: Carla Rock (Physical Therapist)

Location: Morton Center, room 206 Ages: 14 or older

Session

1 2

<u>Session</u>	<u>Day</u>	<u>Date</u>	Reg. Deadline	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Sat	Jan 16	Jan 8	10:00am-12:30pm	155501X	\$35
2	Sat	Apr 17	Apr 9	10:00am-12:30pm	155501Y	\$35

#### - Dance Fit

Get ready to groove to some fat burning music and have a blast. This dynamic class will include a great dance and step aerobic workout followed by ballet and Pilate's body toning exercises. \*The Fit Companion Package for \$64 is an optional package for the client who would like a personalized aspect in their weight loss and fitness program which includes pre and post class testing, Fit Companion packet and materials, weekly weigh-ins, nutritional guidelines, bi-weekly "one on one" meetings with trainer. Additional services and packages to be paid directly to the instructor. Call Paula Eve at 765-404-0568 for more information.

Instructor: Paula Eve Davis or Fit 4 Ever Staff Person

Location: Morton Center, room 206

Ages: 16 & older

Session	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Opt. Supply Fee
1	Jan 19-Feb 11	Tue & Thu	5:50-6:30pm	147221X	\$95	\$64
2	Feb 16-Mar 11	Tue & Thu	5:50-6:30pm	147221Y	\$95	\$64
3	Mar 30-Apr 22	Tue & Thu	5:50-6:30pm	147221Z	\$95	\$64

## — Pink Ribbon Pilates™ —

This 40 minute class is designed for those on their cancer journey who want to get in shape. Furthermore, it is beneficial to those who are recovering from a serious illness or managing a chronic health concern (i.e. diabetes, dialysis, cardiac, arthritis, fibromyalgia). The instructor, a cancer survivor and the first instructor in the State of Indiana to be certified as "post rehabilitation Breast Cancer Exercise Specialist," is very sensitive to the needs of clients struggling with life changing issues. \*The Fit Companion Package for \$64 is an optional package for the client who would like a personalized aspect in their weight loss and fitness program which includes pre and post class testing, Fit Companion packet and materials, weekly weigh-ins, nutritional guidelines, bi-weekly "one on one" meetings with trainer. Additional services and packages to be paid directly to the instructor. Call Paula Eve Davis at 765-404-0568 for more information.

Instructor: Paula Eve Davis

Location: Morton Center, room 206

<u>Ages</u>	<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Opt Supply Fee
16-older	Jan 23-Mar 13	Sat	11:00-11:40am	147241Y	\$140	\$64

#### X-Treme Fit —

X-Treme Fit challenge is the class to take your performance to the next level! This plyometric dynamic body weight training will challenge any athlete. Paula Davis, a certified power, agility, speed, and strength coach leads this adrenaline charged workout. Must have taken at least one year of prior fitness instruction. For more information, go to www.fit4everhealth.com or call 765-404-0568. \*The Fit Companion Package for \$64 is an optional package for the client who would like a personalized aspect in their weight loss and fitness program which includes pre and post class testing, Fit Companion packet and materials, weekly weigh-ins, nutritional guidelines, bi-weekly "one on one" meetings with trainer. Additional services and packages to be paid directly to the instructor. Call Paula Eve Davis at 765-404-0568 for more information.

Instructor: Paula Eve Davis or Fit 4 Ever Staff Person

Location: Morton Center, room 202 & 206

<u>Ages</u>	<u>Dates</u>	<u>Days</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Opt. Supply Fee
18-older	Feb 16-Mar 13	Tue &	6:45-7:30pm	147231Y	\$100	\$64
		Sat	10:00-10:45am			

# Free Yoga Class

Monday, March 29 – 5:30-6:45 pm Morton Center, room 200

Are you curious about Yoga? Here is your chance to try a class FREE.

This will be an introductory class for **new students**. Please call the Morton office at 775-5120 to leave your name and phone number if interested since space is limited. Students should be age 14 or older.

# Yoga Donation Classes

Everyone is welcome to attend these classes, regardless of experience, fitness, or income level. Fees are by donation. The suggested donation would be appreciated, but if you are on a tight budget, just pay what you can afford. Please call the Morton office at 775-5120 to register if you are interested, since space is limited. Students should be age 14 or older.

Location: Morton Center-room 200

Yoga with Sam Royer: Sat. Jan 23 – 11:00am-12:15pm Code: 150201E Suggested Donation: \$10

Yoga – A Prop Position: Sat. Feb 6 – 9:30-11:30am Code: 151056V

Yoga Balance instructors are offering this class to raise money for new props. Suggested Donation: \$20

Yoga with Lisa Nail: Sat.Feb 20 – 10:00-11:15am Code:151391L Suggested Donation: \$10

Yoga with Manju Jarori: Sat.Mar 20 – 9:00-10:15am Code: 150284A Suggested Donation: \$10

Yoga with Shari Gass: Sat. Apr 10 – 10:00-11:15am Code: 152031A Suggested Donation: \$10

# Yoga Intensive Workshops

Instructors: Lisa Nail and Susanne McConville Location: Morton Center, room 200

Age Requirement: 14 (younger student permitted with instructor permission)

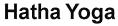
**Posture Flow to Sacred Music** - Experience the combination of flowing yoga postures with sacred music. The steadiness of the rhythms in the music helps to clear and focus the mind, while encouraging an even flow of breath. Prior yoga experience is necessary.

 Day
 Date
 Time
 Code
 Fee

 Sat
 Mar 6
 9:30-10:45 am
 151167W
 \$10

**Relax and Renew**-This workshop will begin with mild stretching followed by a variety of postures designed to facilitate deep relaxation. No yoga experience is necessary. Wear comfortable clothing and bring one or two firm blankets if possible.

<u>Day</u> <u>Date</u> <u>Time</u> <u>Code</u> <u>Fee</u> Sat Mar 6 11:00am-12:15pm 151167Y \$10





The breathing techniques and postures of yoga increase strength and flexibility, essential for both a healthy body and mind. Discover a profound sense of relaxation and wholeness unlike anything you've ever experienced.

Call Lisa Nail at 743-5050, Susanne McConville at 477-0344,

Shari Gass at 429-6214, Sam Royer at 429-5903,

or Manju Jarori at 496-4355 for more information.

Location: Morton Center, room 200

Ages: 14 & older

Instructor permission required for those under 14. Royer & McConville prefer students to be age 16 or older.

<b>Beginning Yoga:</b> This cla	ass is for the novice, a	or students interested in a 1	review of the fundamentals.
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<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Instructor</u>	<u>Code</u>	<u>Fee</u>
Jan 13-Feb 24	Wed	7:15-8:30 pm	<b>McConville</b>	151701W	\$70
Jan 18-Mar 8 no class 2/15	Mon	5:30-6:45 pm	Nail	151057V	\$70
Session 2					
Mar 3-Apr 21 no class 3/17	Wed	7:15-8:30 pm	McConville	151711W	\$70
Apr 5-May 3	Mon	5:30-6:45 pm	Nail	151058C	\$50

## Continuing Yoga: Prior experience preferred.

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Instructor</u>	<u>Code</u>	<u>Fee</u>
Jan 13-Mar 10	Wed	10:00-11:15 am	Gass	151094A	\$90
Jan 13-Feb 24	Wed	5:30-6:45 pm	McConville	151731R	\$70
Jan 18-Mar 8 no class 2/15	Mon	7:15-8:30 pm	Nail	151156Y	\$70
Jan 19-Mar 9 no class 2/16	Tue	5:30-6:45 pm	Nail	151161R	\$70
Session 2					
Mar 3-Apr 21 no class 3/17	Wed	5:30-6:45 pm	McConville	151741R	\$70
Mar 31-Apr 28	Wed	10:00-11:15 am	Gass	151166Y	\$50
Mar 29-May 3	Mon	7:15-8:30 pm	Nail	151157Y	\$60
Mar 30-May 4	Tue	5:30-6:45 pm	Nail	151960C	\$60

#### **All Levels:** This class is appropriate for all levels of experience.

* *		*			
<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Instuctor</u>	<u>Code</u>	<u>Fee</u>
Jan 12-Feb 16	Tue	7:15-8:30 pm	Royer	150211V	\$60
Jan 13-Mar 10	Wed	1:00-2:15 pm	Gass	152011G	\$90
Jan 14-Feb 18	Thu	5:30-6:45 pm	Royer	150221V	\$60
Jan 19-Mar 9 no class 2/16	Tue	10:00-11:15 am	Nail	151491A	\$70
Session 2					
Mar 2-30	Tue	7:15-8:30 pm	Royer	150231R	\$50
Mar 4-Apr 1	Thu	5:30-6:45 pm	Royer	150241R	\$50
Mar 31-Apr 28	Wed	1:00-2:15 pm	Gass	152021G	\$50
Mar 30-May 4	Tue	10:00-11:15 am	Nail	151961A	\$60

#### **Gentle Yoga:** Suitable for all levels and appropriate for prenatal. Age 20 or older.

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Instructor</u>	<u>Code</u>	<u>Fee</u>
Jan 14-Feb 25	Thu	10:00-11:15 am	McConville	151067C	\$70
Mar 4-Apr 22 no class 3/18	Thu	10:00-11:15 am	McConville	151511C	\$70

**Yoga for a Better Back:** Yoga asanas adapted to help cultivate more comfort, flexibility, and strength in your back. Appropriate for all levels. Age 20 or older.

Instructor

Code

Fee

Day Time

Dates	Day	111110	<u>HISH UCTOI</u>	Code	1.66		
Jan 11-Mar 1 no class 2/15	Mon	10:00-11:15am	McConville	151066C	\$70		
Mar 22-Apr 26	Mon	10:00-11:15am	McConville	151411R	\$60		
-							
Inner Peace Yoga & Medita	ation:	Traditional yoga poses, re	elaxation techniq	ues & meditation	n.		
<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Instructor</u>	<u>Code</u>	<u>Fee</u>		
Jan 28-Feb 18	Thu	7:15-8:30 pm	Jarori	150281X	\$40		
Jan 29-Feb 19	Fri	5:30-6:45 pm	Jarori	150281Y	\$40		
Session 2		_					
Feb 25-Mar 18	Thu	7:15-8:30 pm	Jarori	150282E	\$40		
Feb 26-Mar 19	Fri	5:30-6:45 pm	Jarori	150282F	\$40		
Session 3							
Mar 25-Apr 22	Thu	7:15-8:30 pm	Jarori	150283X	\$50		
Mar 26-Apr 23 no class 4/2	Fri	5:30-6:45 pm	Jarori	150283Y	\$40		
-							
Flow Yoga: Experience preferred. This class will move at a faster pace.							
<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Instructor</u>	Code	<u>Fee</u>		
Jan 14-Mar 11	Thu	12:00-1:15 pm	Gass	150280R	\$90		
Apr 1- 29	Thu	12:00-1:15 pm	Gass	150280T	\$50		
•		•					

#### Teen Yoga: Minimum Age - 15

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Instructor</u>	<u>Code</u>	<u>Fee</u>
Jan 14-Mar 11	Thu	4:00-5:15pm	Gass	151096A	\$90
Apr 1- 29	Thu	4:00-5:15pm	Gass	151096B	\$50

#### **Restorative Yoga**

Dates

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Instructor</u>	<u>Code</u>	<u>Fee</u>
Jan 15-29	Fri	11:30am-12:45pm	Gass	151097A	\$30
Feb 12-26	Fri	11:30am-12:45pm	Gass	151097B	\$30

# Total Body Movement

This unique program developed over the years through extensive experience by LaVerne Mikhail is designed to use every muscle of the body using a hybrid of yoga stretches, Pilates, ballet and other dance. The variety of movements has a beautiful harmony and is used to improve strength, flexibility and muscle tone. They will improve posture and release stress. This is NOT aerobics. Call LaVerne at 743-4786 for more information.

#### Instructor: LaVerne Mikhail or Kim Swartz

		Location: Morton Center, room 208	Ages: 14 & old	der		
<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	
1	Mon	Jan 11-Apr 26 no class 2/15, 3/15 & 3/22	9:00-10:05am	150151A	\$90**	
2	Tues	Jan 12-Apr 27 no class 3/16 & 3/23	5:30-6:30pm	150161V	\$90**	
3	Wed	Jan 13-Apr 28 no class 3/17 & 3/24	9:00-10:05am	150171A	\$90**	
**Note: \$10 total discount given if two of the above classes are taken.						

Registrations for both classes must be done at the same time in order to receive the discount.

# Dao Yin Yang Sheng Gong -

Dao Yin Yang Sheng Gong is a practice of exercise, meditation, self-healing, and self-defense with roots in ancient China. It is a combination of flowing movements and deep breathing techniques with repetition that lead to better mobility and balance. It is quieting and calming. It can be beneficial for everyone, but especially those for whom more vigorous exercise is a problem. Students should wear loose fitting comfortable clothes and flexible shoes. Call Nancy VanDoren at 296-7602 for more information.

Instructor: Nancy M. VanDoren, OTR Location: Morton Center, room 204 & 101 Ages: 14 and older

#### **Free Introduction Class**

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Jan 9	Sat	10:00-11:30am	N/A	Free
Mar 6	Sat	10:00-11:30am	N/A	Free

**Beginning Forty-Nine Movements** - Learn to control breathing, calm the mind, and stimulate specific acupressure points in the body using slow, smooth movements that were developed to help prevent illness and promote overall health. Based on movements like Tai Chi, beginners and advanced students work to increase their ability to concentrate and improve their physical and mental self. (28 min. to complete once learned.)

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Jan 13-Feb 24	Wed	9:00-10:00am	152111J	\$70
Jan 13-Feb 24	Wed	5:30-6:30pm	152111V	\$70
Mar 10-Apr 21	Wed	9:00-10:00am	152121J	\$70
Mar 10-Apr 21	Wed	5:30-6:30pm	152121V	\$70

**Continuing Forty-Nine Movements**—For those students who have already taken the initial Forty-Nine Movements, these sessions focus on continued practice of the techniques learned in the 28-minute exercise.

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Jan 12-Feb 16	Tue	9:00-10:00am	152211X	\$45
Mar 9-Apr 13	Tue	9:00-10:00am	152221X	\$45

**Ba Duan Jin or 8 Pieces of Brocade**—A good beginner class that consists of eight moves or stretches. This is a great warm up callisthenic prior to other exercise routines. Focused on controlled breathing techniques and slow stretches, this exercise can help to decrease stress and increase flexibility to help prevent injury. (10 min. to complete once learned.)

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Jan 13-Feb 17	Wed	10:30-11:30am	152188M	\$60
Mar 10-Apr 14	Wed	10:30-11:30am	152189M	\$60

**Yang Sheng Taiji Gong II**—Eight simplified moves that are easy to learn and quite similar to other Dao Yin movements which can be practiced in almost any setting. (10 min. to complete once learned.)

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Jan 12-Feb16	Tue	10:30-11:30am	152266D	\$60
Mar 9-Apr 13	Tue	10:30-11:30am	152267D	\$60

**Dao Yin Dance**—An accumulation of movements from a variety of specific exercises combined into a short "dance" involving slow, circular movements with breathing techniques to promote health. This Qi Gong is for the intermediate or advanced student who has studied any type of Tai Chi or Qi Gong. The dance involves bending, squatting, and turning to stimulate accupoints. (10 min. flowing dance once learned.)

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Jan 12-Feb 23	Tue	1:00-2:00pm	152166V	\$70
Mar 9-Apr 20	Tue	1:00-2:00pm	152167V	\$70

**Yang Sheng Sword** — Using a sword as a focus point, this Qi Gong exercise promotes an increased range of motion and balance through movements. As in Tai Chi, this exercise is based on self-defense techniques. Sword motions and deep breathing stimulate the body's acupressure points. Movements used in this exercise include stepping, turning, bending, and squatting. Yang Sheng Sword is for intermediate and advanced students. Dao Yin Dance is a good course to prepare the student for this class and is recommended.

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Jan 12-Feb 23	Tue	5:30-6:30pm	152168V	\$70
Mar 9-Apr 20	Tue	5:30-6:30pm	152187A	\$70
Jan 13-Feb 24	Wed	1:00-2:00pm	152186M	\$70
Mar 10-Apr 21	Wed	1:00-2:00pm	152187M	\$70

**Health Preserving Exercises of Emperor Qian Long**—As the name implies this is a health maintenance exercise. It works to improve flexibility and mobility through repetitive movements as well as massage specific acupressure points to stimulate health and well being.

<u>Dates</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Jan 14-Feb 18	Thu	10:00-11:00am	152311Z	\$60
Mar 11-Apr 15	Thu	10:00-11:00am	152321Z	\$60

Mail Your Registration Today!

Mail-in registrations accepted by date delivered.

It's the fastest way to register for your favorite class.

All other types of registration begin Wed, Jan. 6

Some classes may be filled by Jan 6.

Need more information? Call us

City Hall Office 775-5110 or Morton Center 775-5120

# **DANCE**

# - Clogging -

Clogging is a true American dance originating in the Appalachian Mountains. It incorporates style and step from a variety of countries and cultures. Today, clogging can be done to any expression of music. In addition to combining a variety of steps and styles, it is also an excellent form of entertainment and exercise. We have a group practice in our curriculum as well. Anyone who has successfully completed the curriculum of Beginner I, Beginner II, and is looking for an opportunity to perform is eligible to sign-up for group practice. Call Kyla at 471-7923 or 714-0592 for more information and information about acquiring shoes or class eligibility.

#### Instructor: Kyla Houston

Location:	Morton Center,	room 101	Ages:	8 or older

<u>Name</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Beginner I	Tue	Jan 12-Feb 23 no class 2/16	5:30-6:30pm	149061Y	\$30
Group	Tue	Jan 12-Feb 23 no class 2/16	6:30-7:30pm	149081Z	\$30
Beginner II	Tue	Mar 9-Apr 20 no class 3/23	5:30-6:30pm	149071Y	\$30
Group	Tue	Mar 9-Apr 20 no class 3/23	6:30-7:30pm	149091A	\$30

# **Beginner Scottish Country Dancing -**

Let members of the Whole Nine Yards, a Lafayette-area Scottish Country dance troupe, introduce you to the basics of Scottish Country Dance. Mastery of the basics will enable you to participate in the dances the troupe teaches. Please note that Scottish Country dancing is a vigorous activity. It's been called Scottish aerobics because it can put stress on feet, ankles, and hipjoints, plus gives you a strenuous cardiovascular workout. It's a fun way to exercise. Please wear slippers or non-slip socks. No shoes are allowed.

Call Isobel Miller at 463-0608 for more information.

#### Instructor: The Whole Nine Yards Location: Morton Center, room 208

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
14 & older	Thur	Feb 4-Mar 11	$7:00-8:30  \mathrm{pm}$	147511Z	\$48

#### International Folk Dance-

Beginning and continuing level folk dances will be taught in two separate classes on Saturday. Beginning will focus on repetition and getting the basics. Beginning level dances (easy dances) from Europe, the Mediterranean area, and other areas will be taught. Continuing will focus on more challenging dances/step combinations from Europe, the Balkans, the Mediterranean areas, and other areas. A new dance will be taught each week, and students will be able to review and request their favorite dances. In both classes, there will be a focus on good exercise, socialization, and fun! Call Ruth Black at 765-385-2371 for more information.

Instructors: Ruth Black and David Carter Location: Morton Center, room 204

Ages: 14 or older (younger children permitted if accompanied by older sibling or parent)

<u>Class</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Beginning	Sat	Jan 16-Feb 27	1:00-2:00pm	147101Y	\$21*
Continuing	Sat	Jan 16-Feb 27	2:00-3:00pm	147111Y	\$21*
Beginning	Sat	Mar 13-Apr 24	1:00-2:00pm	147121Y	\$21*
Continuing	Sat	Mar 13-Apr 24	2:00-3:00pm	147131Y	\$21*

<sup>\*</sup>Children 16 or under half price if accompanied by a parent.

### **Ballroom Dancing**

Instructor: Jessica or Allen Nugent Location: Morton Center, multipurpose room Ages: 16 & older (younger students permitted with adult)

**Beginner Ballroom** -Anyone can learn the basics of Ballroom Dance! This is a class for the beginner learner. Even those with two left feet are welcome. Here we will learn the basic steps in the Fox Trot, Waltz, Swing, Rumba, and Cha-Cha. No partner required. Dress is casual and comfortable. Shoes with a leather sole are preferred, but not necessary. Call Jessica at 807-6407 for more information.

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Tues	Jan 12-Feb 9	7:00-8:00pm	146111Y	\$45
2	Tues	Feb 16-Mar 16	7:00-8:00pm	146112Y	\$45
3	Tues	Mar 23-Apr 20	7:00-8:00pm	146121Y	\$45

**Beginner Swing** -Come and learn the basics of Swing dancing! This popular dance is fun & energetic, and can be danced to many styles of music. The class is geared towards the beginner learner, or for anyone who is a little rusty & would like to refresh their skills. No partner required. Dress is casual & comfortable. Shoes with a leather sole preferred, but not necessary. Call Jessica at 807-6407 for more information.

Session	<u>Day</u>	<u>Dates</u>	Time	<u>Code</u>	<u>Fee</u>
1	Tues	Jan 12-Feb 9	8:00-9:00pm	146671Z	\$45
2	Tues	Feb 16-Mar 16	8:00-9:00pm	146672Z	\$45
3	Tues	Mar 23-Apr 20	8:00-9:00pm	146673Z	\$45

**Intermediate Ballroom** -This is the next level up from Beginner Ballroom. There is a lot to be learned within the intermediate level of dancing. Here you will learn to develop your technique and add new steps. Only recommended for those who have completed at least one Beginner Ballroom Class, or who are already comfortable with the basic steps. Dances may include Swing, Rumba, Waltz, Tango, Fox Trot, Cha-Cha, Merengue, and/or Salsa. No partner required. Dress is casual & comfortable. Shoes with a leather sole preferred, but not necessary. Call Jessica at 807-6407 for more information.

Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Thur	Jan 14-Feb 11	7:00-8:00pm	146211Z	\$45
2	Thur	Feb 18-Mar 18	7:00-8:00pm	146212Z	\$45
3	Thur	Mar 25-Apr 22	7:00-8:00pm	146221Z	\$45

**Advanced Ballroom** -This class is geared towards the experienced dancer and is a great class for the dancer who wants to improve their technique & learn new patterns at a more advanced level. Dances may include Waltz, Fox Trot, Tango, Cha-Cha, Rumba, Swing, Mambo, Salsa, Merengue, Hustle, Samba and/or West Coast Swing. No partner required. Dress is casual & comfortable. Dance shoes, or shoes with a leather sole recommended, but not necessary. Call Jessica at 807-6407 for more information.

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Thur	Jan 14-Feb 11	8:00-9:00pm	146231Z	\$45
2	Thur	Feb 18-Mar 18	8:00-9:00pm	146311Y	\$45
3	Thur	Mar 25-Apr 22	8:00-9:00pm	146321Y	\$45

### Bare Bones Belly Dance-

Bare Bones Belly Dance offers exposure to the varied styles of Middle Eastern Dance – popularly known as belly dance – while providing a strong basic belly dance foundation. Classes are offered to anyone 15 or older on beginner, improvement and troupe readiness levels, as well as specialty classes and workshops. Performance opportunities are offered through membership in Troupe Oasis, made up of students in Morton's Bare Bones Belly Dance classes and members of the drum circle, Oasis Drums. Your instructor, Mary Kat Lebo, has been involved in Middle Eastern Dance for over 35 years as a student, semi-professional dancer, troupe member/director and dance instructor. For information on the Bare Bones program, contact Mary Kat at Shuvanibd@aol.com

Instructor: Mary Kat Lebo Location: Morton Center

**10-Week Beginner-**Learn the "Bare Bones" of belly dance: isolations, correct postures, safe dance techniques, movement breakdowns, combinations, layering and zilling, as well as a short choreography! Gain grace and confidence while having fun!

<u>Day</u>	<u>Dates</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Mon	Jan 11-Mar 29 no class 2/15 & 3/15	7:00-8:30pm	204	148111D	\$90	Lebo
Tue	Jan 12-Mar 23 no class 3/16	7:00-8:30pm	204	148111Y	\$90	Lebo

**Fast Start Beginners** - This 5-week course offers breakdown and drilling of isolations and basic movement families with a focus on safe dance technique. Unlike the 10-week program, it does not address layering, zilling, combinations nor does it include a choreography.

<u>Day</u>	<u>Dates</u>	Reg. Deadline	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Mon	Jan 11-Feb 8	Jan 8	1:00-2:30pm	204	148121Z	\$45	Lebo
Mon	Feb 22-Mar 29 no class 3/15	Feb 19	1:00-2:30pm	204	148171Y	\$45	Lebo
Tue	Mar 30-Apr 27	Mar 29	7:00-8:30pm	204	148172Y	\$45	Lebo

**Belly Dance for Seniors** This 5-week course is designed for those over 50 years of age. Instead of drills, steps are broken down and put into a short choreography that takes into consideration balance and agility issues that often accompany the aging process. Each class offered during any given semester will include a different choreography.

<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Mon	Jan 11-Feb 8	2:30-3:30pm	204	148191B	\$40	Lebo
Mon	Feb 22-Mar 29 no class 3/15	2:30-3:30pm	204	148191J	\$40	Lebo

**Improver Class–Intro to Modern Egyptian** Learn about the modern Egyptian nightclub style (Raks Sharqi) through video, music, and movement combinations.

<u>Day</u>	<u>Dates</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Wed	Jan 13-Feb 10	7:00-8:30pm	204	148192B	\$45	Lebo

**Improver Class - Improvisation 101** Learn how to turn the basic movements you've learned in other classes into an improvised performance. No choreography—just dancing in the moment with confidence.

<u>Day</u>	<u>Dates</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Wed	Feb 17-Mar 24 no class 3/17	7:00-8:30pm	204	148196C	\$45	Lebo

Improver Class-Songs Every Belly Dancer Should Know-Classical Egyptian We'll take two songs each week, learn the names, composers and lyrics where available, as well as have a great time dancing to classic Egyptian music!

<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Wed	Mar 31-Apr 28	7:00-8:30pm	204	148197Z	\$45	Lebo

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**Troupe Readiness (formerly advanced)—Combinations Carnival** This class will focus on 4 different step combinations per night, giving dancers more usable tools for both choreography and improvisation and providing a perfect opportunity to practice utilizing their core engagement while dancing!

<u>Day</u>	<u>Dates</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Thur	Jan 14-Feb 11	7:00-8:30pm	204	148173Y	\$40	Lebo

**Troupe Readiness-Belly Bodies** This class will use belly dance movement as a tool in firming, toning, and sculpting the body.

<u>Day</u>	<u>Dates</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Thu	Feb 18-Apr 1 no class 3/4 & 3/18	7:00-8:30pm	204	148181A	\$40	Lebo

**Specialty Class–Drills, Drills** This 4 week class is for anyonewho has completed at least a beginner level class. We will focus on drilling basic movement & concepts such as layering & combinations.

<u>Day</u>	<u>Dates</u>	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Mon	Apr 5-26	7:00-8:30pm	204	148261Z	\$35	Lebo

**Specialty Class-Floorwork–Belly Dance's Lost Art** In this 4-week class, we will work on floor dancing. Once a mainstay of every dance routine (even in Egypt prior to the 1950s), floor work fell out of favor during the 1980s and 90s, but is experiencing a renaissance today! You will need a yoga/exercise mat or rug or blanket for class. This class is open to anyone who has completed at least one beginner level class.

<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Thu	Apr 8-29	7:00-8:30pm	204	148262Z	\$35	Lebo

## Belly Dance Workshops - Pre-registration is required.

 $\label{lem:combination} \textbf{Combination Workshop.} Open to anyone who has completed a beginner level belly dance class. In this 2½ hour workshop, we will address how to construct simple movement combinations and step combinations working not only with pre-choreographed combinations, but with combinations we make up ourselves during the workshop.$ 

<u>Day</u>	<u>Date</u>	Reg. Deadline	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Sat	Jan 16	Jan 15	1:00-3:30pm	200	148271Z	\$30	Lebo

**Zill Drills**—Open to anyone with rudimentary knowledge of zill playing. You must bring your own zills (finger cymbals). We will explore zill patterns, rhythm patterns and combine them with our dancing.

<u>Day</u>	<u>Date</u>	Reg. Deadline	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Sat	Feb 13	Feb 12	1:00-3:30pm	200	148272Z	\$30	Lebo

**Demystifying the Taqsim** - The taqsim is an unmetered instrumental solo. It is emotional and, if played live, never done the same way twice. Taqsim should be improvised, with the dancer always dancing in the moment, not performing choreography. We'll work on taqsim drills to help you work with this wonderful—but difficult—musical entity.

<u>Day</u>	<u>Date</u>	Reg. Deadline	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Sat	Mar 13	Mar 12	1:00-3:30pm	200	148273Z	\$30	Lebo

**Rhythms for Dancers** – We'll take a look at four different rhythms played for Middle Eastern Dance and drill for not only recognition, but for ease of dancing to each. Participants are invited to bring their drums if they would like to learn to play the rhythms, rather than dance to them!

<u>Day</u>	<u>Date</u>	Reg. Deadline	<u>Time</u>	Room	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Sat	Apr 10	Apr 9	1:00-3:30pm	200	148282W	\$30	Lebo

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#### Mor' Danc'n

Welcome to Mor' Danc'n! Dance classes meet once a week except for Invitational Troupe. Final class placement will be at the discretion of the instructor. All students are expected to participate in recital unless they make prior arrangements with the instructor. There are additional expenses associated with the recital for costumes, tickets for parents & guests, optional photos, videotapes & optional participation in Dad's dance program.

Primary Instructors: La Verne Mikhail 743-4786 and Joy McEwen 464-0580

Classes may be taught by assistants.

Location: Morton Center

Dates: Jan 11-May 1 (no class 2/15, week of 3/15-4/3.)

Recital and Dress Rehearsal will be May 1 at Loeb Playhouse. Recital Costume Fee: \$25-\$45 paid the first few weeks of class.

Multiple Class Discount:  $\Lambda$  \$10 discount may be taken for each class, if multiple classes taken by same student in classes listed below. To receive the discount, you must register at the same time for the multiple classes and prior to the beginning of class. If registration is done separately or after the class starts, the discount cannot be given.

Class	<u>Age</u>	<u>Day</u>	<u>Time</u>	<u>Room</u>	<u>Code</u>	<u>Fee</u>	<u>Instructor</u>
Dance Exploration	$2\frac{1}{2}$ -3	Mon	3:45-4:30	208	140151P	\$125	Mikhail
Dance Fundamentals	$2\frac{1}{2}-4$	Sat	9:00-9:45	208	141491E	\$125	Mikhail/Props
Fund. Of Jazz & Ballet I	3-4	Tue	3:45-4:30	208	140261P	\$125	Mikhail/Wiltgen
Fund. Of Jazz & Ballet I	$13\frac{1}{2}-5$	Mon	5:25-6:20	204/208	140551R	\$125	Mikhail/Bisher
<sup>1</sup> Beginning Tap	41/2-6	Wed	4:30-5:15	204	140371P	\$125	Mikhail/Kreger
<sup>1</sup> Tap – Open Level	7-13	Wed	5:30-6:30	101	140471P	\$125	Mikhail/Props
Ballet I (new to 1 yr)	$4\frac{1}{2}-6$	Mon	4:30-5:20	208	140771R	\$125	Mikhail
Ballet I (new to 1 yr)	41/2-6	Wed	4:30-5:20	208	140651V	\$125	Mikhail/Chua
Ballet II (1 sem. or more	) 6-8	Tue	4:30-5:25	208	140861R	\$125	Mikhail
<sup>2</sup> Ballet III	9-12	Mon	5:30-6:30	208/204	140951W	\$125	McEwen
<sup>2</sup> Ballet IV	13-olde	er Mon	6:30-7:30	208	140952W	\$125	McEwen
<sup>2</sup> Pointe	13-olde	r Mon	7:30-8:15	208	140981Z	\$ 65	McEwen
HipHop for Boys	5-8	Tues	4:30-5:15	101	142101P	\$125 Mikl	nail/Wiltgen/McInerney
Jazz/Hip Hop I	5-7	Mon	4:30-5:25	204	141151R	\$125	Mikhail/Wiltgen
Jazz/Hip Hop I	5-8	Sat	9:30-10:30	204/208	141581R	\$125	Mikhail/Asst
Jazz/Hip Hop II	8-11	Mon	4:30-5:25	MPR	141351R	\$125	Mikhail/Chua
Jazz/Hip Hop II	9-13	Wed	4:35-5:30	MPR	141481R	\$125 Mi	khail/Adams/McInerney
Jazz/Hip Hop III	13-olde	er Sat	11:30-12:30	208/MPR	141691G	\$125	Mikhail/Adams
Lyrical Jazz I	9-13	Sat	10:30-11:30	208	141971V	\$125	Mikhail/Adams
Lyrical Jazz II 1	31/2-olde	r Wed	5:30-6:30	MPR	141591E	\$125	Mikhail/Adams
<sup>2</sup> Intro- Jazz & Contemp.	6-10	Thu	4:00-4:55	208	142381P	\$125	McEwen
<sup>2</sup> Adv-Jazz & Contemp.	11-olde	r Thu	5:00-5:55	208	142581P	\$125	McEwen
<sup>3</sup> Invitational Troupe I	11-olde	r Tue	5:30-7:00	MPR	141866R	\$150	Y.Mikhail/Asst
<sup>3</sup> Invitational Troupe II	14-olde	r Wed	3:30-4:30	MPR			Y.Mikhail/Asst
		and Sat	12:30-2	208/MPR	141866V	\$200	
<sup>3</sup> Invitational Troupe II	14-olde	er Wed	6:30-8:00	MPR			Y.Mikhail/Asst
		and Sat	12:30-2	208/MPR	141866W	\$200	

<sup>&</sup>lt;sup>1</sup>Tap shoes required.

<sup>&</sup>lt;sup>2</sup>Attendance at 2/3 of classes required to perform in concert including the last two classes immediately before concert.

<sup>3</sup>Y. Mikhail directs and choreographs for Invitational Troupe with occasional guest appearances at Morton. Phoenix Fire Recital will be Feb 20 and 21 with dress rehearsal Feb. 18. Extra rehearsals may be required at regular meeting times week of Jan. 4-9, and times to be announced week of Feb. 16-20, with no class week of Feb. 22-27. There will be an additional expense for costumes.

# Dance with Joy

Instructor: Joy McEwen Location: Morton Center, room 208/206

**Get in Shape Through Dance-**Experience dance movement through a new realm beyond everyday exercise. This beginning level class will introduce dance terminology, technique and movements. It will allow students to express themselves through movements while providing for a healthy workout as well as getting into shape. The instructor will incorporate movements from various artists based on her years of experience as a professional modern dancer in New York City. Call Joy at 464-0580 for more information.

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18 & older	Tues	Jan 12-Apr 27 no class 3/16	6:45-8:00 pm	150291X	*\$150

Rediscover Your Love for Dance with Adult Ballet -Introductory ballet techniques will be utilized to help students improve and strengthen their fitness level while enjoying the experience of ballet. Designed to include ballet barre, floor barre, and ballet combinations, students will rediscover their love for ballet. This class will offer more floor barre and strengthening exercises to help you with your ballet. The instructor will incorporate movements from her years of experience as a professional dancer in New York City as well as from her education at Interlochen Arts Academy and the University of Michigan (BFA-Dance). Call Joy at 464-0580 for more information. (Please wear proper ballet shoes.)

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18 & older	Thur	Jan 14-Apr 29 no class 3/18	6:00-7:00 pm	150292X	*\$135

**Adult Ballet II-**The next level up from the beginning Adult Ballet, with introduction of more combinations, phrases and quicker barre work. This class is designed for those who have taken ballet, but still want the ease and comfort that the beginning level offered. You will learn how to piece together the basic steps and see how the barre work strengthens your center work as well. Come and join us with our second level of Adult Ballet II. The instructor will incorporate movements from experience as a professional dancer in New York City and her education at Interlochen Arts Academy and the University of Michigan (BFA-Dance). Call Joy at 464-0580 for more information. (Please wear proper ballet shoes.)

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18 & older	Wed	Jan 13-Apr 28 no class 3/17	6:00-7:00 pm	150293T	*\$135

**Hip Hop for Adults** -This is an introductory level class designed to encourage adults to move different parts of their body through rhythm and soul. Warm-ups will include isolations, core training and coordination. The instructor will incorporate steps taken from her years of training in New York as a professional dancer. This class will also allow students to express themselves freely and feel comfortable moving in a different way. Please wear proper shoes (sneakers and/or jazz shoes). Call Joy McEwen at 464-0580 for more information.

Ages	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18 & older	Thur	Mar 4-Apr 29 no class 3/18	7:00-8:00 pm	154551V	*\$68

<sup>\*</sup>Joy's Multiple Class Discounts—If you sign up for more than one of Joy's adult dance classes, a discount may be taken if you sign up for the classes all at the same time. Discounts are \$10 each for Joy's ballet classes, \$5 off for Joy's hip hop class and \$15 for Joy's Get in Shape class.

# **CRAFTS and SPECIAL INTERESTS**

### Bookbinding-

Learn how to create your own handmade books. Students will learn different styles of traditional binding methods. Focus will be more on process than on content, however creativity will be encouraged. Materials fee will cover the "unique" supplies but please pick up supply list when registering. Call Amelia at 430-3691 for more information.

Instructor: Amelia Roberts

Location: Morton Center, room 111

AgesDayDatesTimeCodeFee\*Supply fee14 or olderSatFeb 27-Apr 10 no class Mar 2010:00am-Noon110891Y\$70\$25

\* Supply fee paid to instructor at first class.

### **Photography**

#### Designing Your Photographs: Composition Techniques for Photographers

Learn how to use your camera to make consistently good photographs. This course helps students explore how to design a photograph in the field, utilizing common composition techniques. Learn how to work with the elements in a picture and principles such as the rule of thirds and framing, to capture the pictures you have visualized. The following week, students will bring prints of their work to class for feedback. Please bring your camera and camera manual to the first class. Call Glenn at 765-447-2462 for more information.

Instructor: Glenn Chang

Location: Morton Center, room 202

 Ages
 Day
 Dates
 Time
 Code
 Fee
 \*Supply fee

 18-older
 Thur
 Jan 21 & 28
 6:30-8:30pm
 112181W
 \$45
 \$3

\*Supply fee paid to instructor at first class

Working With Your Digital Camera-This class helps you learn how to find and use all of the options and programs on your digital cameras and how to use them to take better pictures. We will discuss compositional techniques to improve your photographs. The instructor works with each student to learn how to access the different parts of their camera's menu, and how to work with focusing, different program modes, zoom settings, resolution, compression, compensation, color, saturation, contrast, flash, and other camera capabilities. In the second class, the students will bring prints of their work to class for feedback. Students should already have a digital camera and should read the camera manual prior to the first class. You must be able to print pictures from your cameras for the feedback session. Class is limited to 12 for individual attention. Please bring your camera and camera manual to the first session. Call Glenn at 765-447-2462 for more information.

Instructor: Glenn Chang

Location: Morton Center, room 202

 Ages
 Day
 Date/Time
 Code
 Fee
 \*Supply fee

 18-older
 Wed
 Jan 13 -6:30-9:00pm AND
 112191W
 \$50
 \$3

 Jan 20- 6:30-8:30pm

\*Supply paid to instructor at first class.

# Basket Weaving -

Come and relax and go home with a finished basket!!! Instructor will provide all needed materials. All baskets can be done by beginners. Bring an old towel to class and wear old clothes. The dye can sometimes rub off. Visit www.beebeesbaskets.com to find out more about baskets. Call Bev at 474-6004 for more information.

**Dresser Basket with Lid:** A smaller basket that fits on your dresser to hold your goodies with a woven lid. **Market Basket:** An ever popular favorite – the traditional market basket.

**Mary's Basket:** This basket is square and tall and uses pottery handles and medallions made by local potter Mary Firestone.

Manzanita Burl Basket: This is a rib basket construction on a piece of Manzanita Burl. Very unique! Easter Basket: Think spring with a cheerful Easter basket.

Luck of the Draw – Early End of Session Tradition: This is the class where I bring left over kits from classes and you get to choose what you want to make. Kits can be from classes at Morton or other places and may or may not be from this session...truly luck of the draw!!!

**Tea Time Basket:** Using a wooden base, weave a basket to hold a tea cozy and tea bags.

Instructor: Bev Larson

Location: Morton Center, room 205 Ages: 18 or older

<u>Session</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Basket</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
1	Jan 23	Sat	9:00am-3:30pm	Dresser Basket with Lid	117310A	\$20	\$17
2	Feb 4	Thu	6:00-9:30pm	Market Basket	117310B	\$15	\$18
3	Feb 27	Sat	9:00am-3:30pm	Mary's Basket	117310C	\$20	\$27
4	Mar 13	Sat	9:00am-3:30pm	Manzanita Burl Basket	117310D	\$20	\$24
5	Mar 25	Thu	6:00-9:30pm	Easter Basket	117310E	\$15	\$15
6	Apr 10	Sat	9:00am-3:30pm	Luck of the Draw Basket	117310F	\$20	Varies
7	Apr 22	Thu	6:00-9:30pm	Tea Time Basket	117310G	\$15	\$12

<sup>\*</sup> Supply fee paid to instructor at first class.

# Getting Ready to Garden

Winter and early spring are the times to plan your vegetable garden and start seeds indoors. Workshops are offered the first Saturday of each month and students may take one or all of the classes. For more information about the workshops, please call Jody at 296-7063 or e-mail her at soilmaker@mintel.net.

Instructor: Jody Tishmack
Location: Morton Center, room 202 Ages: 16 or older

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<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Jan 9	Sat	9:00am-Noon	116291A	*\$15
Feb 6	Sat	9:00am-Noon	116291B	*\$15
Mar 6	Sat	9:00am-Noon	116291C	*\$15
Apr 3	Sat	9:00am-Noon	116291E	*\$15
	Jan 9 Feb 6 Mar 6	Jan 9 Sat Feb 6 Sat Mar 6 Sat	Jan 9Sat9:00am-NoonFeb 6Sat9:00am-NoonMar 6Sat9:00am-Noon	Jan 9         Sat         9:00am-Noon         116291A           Feb 6         Sat         9:00am-Noon         116291B           Mar 6         Sat         9:00am-Noon         116291C

<sup>\*</sup>If you register for all of the workshops at the same time, they may be taken for \$50.

# Machine Embroidery Circle

Great project classes for those of you with home embroidery machines! Classes have a supply list and require advance preparation. Although the step-by-step instructions are written specifically for the Pfaff 7570, all makes and models of embroidery machines are welcome, as the projects themselves are by no-means machine specific! Call Sally at 742-4193 for more information.

**Heart's Delight -** This delightful lace-faced bag is great for sweet treats for Valentine's Day! This project is our first free-standing lace, which is done on water-soluble stabilizer.

"Sew" Perfect – This pretty and useful sewing chair cover is "sew" perfect to give you at-hand access to patterns and notions. Embroider design of choice, assemble, and slip the cover over the back of your sewing chair.

Nifty Gifty Box Bag – Once you learn the basics of how to make this bag, you can make it different sizes and use different techniques for an unique gift bag or purse!

**Embossed Apron** – It may be hard to decide which embossed embroidery design you want to use for this project! You may make an apron or embellish a towel.

Instructor: Sally Carter

Location: Morton Center, room 211 Ages: 18 or older

<u>Session</u>	<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Class</u>	<u>Code</u>	<u>Fee</u>
1	Jan 16	Sat	9:00am-Noon	Heart's Delight	115711X	\$25
2	Feb 20	Sat	9:00am-Noon	"Sew" Perfect	115771X	\$25
3	Mar 20	Sat	9:00am-Noon	Nifty Gifty Box Bag	115772X	\$25
4	Apr 17	Sat	9:00am-Noon	<b>Embossed Apron</b>	115781X	\$25

# - Sewing II <sup>–</sup>

Improve your sewing by learning more techniques. This class will focus on secrets such as buttonholes, zippers, hems & stitches. We will create a notebook to keep as a reference of the steps. Students must have some experience with their sewing machine, or have taken Sewing Basics. Sewing machine required. Please pick up supply list when registering. For more information, please contact Amelia Roberts at 430-3691.

Instructor: Amelia Roberts Location: Morton Center, Room 211

<u>Ages</u> <u>Day</u> <u>Dates</u> <u>Time</u> <u>Code</u> <u>Fee</u> \*<u>SupplyFee</u> 16 or older Wed Jan 20- Feb 3 7:00-9:00pm 110861A \$40 \$8

\*Supply fee paid to instructor at first class.

# Re-Creating the Stories of Our Lives

Words can be powerful. How we tell the stories of our lives, especially our present and future, often reflects what we actually end up living. Can changing the way we describe our lives and ourselves improve our future experiences? This workshop will focus on helping you determine what you want and, more importantly, how to tell a story that will accurately reflect what you want. We will discuss the law of attraction as taught by New York Times bestselling authors Jerry and Esther Hicks. You will learn how to empower yourself to better achieve what you want, whether that is related to career, relationship, body, or other areas of your life. This is a one-day workshop. Call Karen at 446-7134 for more information.

#### Instructor: Karen Hall

Location: Morton Center, room 211 Ages: 16 or older

<u>Session</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Sat	Jan 23	10:00am - 4:00pm	112131A	\$35
2	Sat	Feb 27	10:00am - 4:00pm	112131L	\$35

### American Sign Language

This class is a continuation of beginning American Sign Language, ASL, and for those who want to maintain the signing skills. New beginners are welcome. You will have the opportunity to build receptive and expressive sign vocabulary, sentence structures and non-manual components of ASL grammar which includes facial expressions and body postures. During the class you will be encouraged to set aside your spoken English; the instructor is Deaf. This class is designed to encourage interaction in ASL among students. If you have any questions, please feel free to contact Jill Lestina, the instructor, at Lora Jill @comcast.net.

Instructor: Jill Lestina

Location: Morton Center, room 202

<u>Ages</u>	<u>Class</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
14-older	BeginnerII	Wed	Feb 3-Mar 10	6:30-7:30pm	116912A	\$80	\$5

\*Supply fee paid to instructor at first class

# Spanish

HOLA! Would you like to learn some Spanish, the fastest growing foreign language in USA? Then, come and discover a new and rewarding world. You will learn, along with the basics of a new language, more about Hispanic culture and its geography. HASTA PRONTO! The supply fee of \$5 should be paid directly to instructor first day of each class. For more information, please e-mail Lucia at Luci.alvarez@hotmail.com.

Instructor: Lucia Alvarez

Location: Morton Center, room 202

<u>Ages</u>	<u>Class</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee	
16-older	Beg. Spanish	Tue	Feb 2-Mar 9	5:30-6:30pm	111251A	\$90	\$5	
16-older	Inter. Spanish	Thu	Feb 4-Mar 11	5:30-6:30pm	111351Y	\$90	\$5	
16-older	Beg. Spanish	Tue	Mar 23-Apr 27	5:30-6:30pm	111251B	\$90	\$5	
16-older	Inter. Spanish	Thu	Mar 25-Apr 29	5:30-6:30pm	111351Z	\$90	\$5	
*Supply fee paid to instructor at first class								

# Personal Empowerment and the Law of Attraction

You may have heard that we "create our own reality." The mind is very powerful. But how do our thoughts and attitudes really affect what happens in our lives? This workshop is based on the teachings of New York Times bestselling authors Jerry and Esther Hicks, who were featured in "The Secret." We will focus on developing thoughts that are beneficial to us and help us to create the lives we want. This workshop is practical, and you will have a chance to try out different empowering techniques each week. Participants will receive a CD the first week that will provide an introduction to the basic concepts of the class. Please call Karen at 446-7134, in advance if you have any questions.

Instructor: Karen Hall Location: Morton Center, room 211

Ages Day Dates Time Code Fee
16-older Thu Feb 4-Mar 4 6:30-8:00pm 112141X \$40

Questions? Call us 775-5110 City Hall Office or 775-5120 Morton Office

# **ADULT ART**

# - Painting Studio - Isms in Art

Jump start your creativity or develop a style by exploring the movement in art. Using acrylic or oil, you will create small studies in the style of major "isms" in art working from still life. Each session will focus on artists that depict each style, from Classicism to Surrealism. Suitable for all levels. Please pick up supply list when registering. For more information, please contact Amelia Roberts at 430-3691.

Instructor: Amelia Roberts

Location: Morton Center, Room 111 Ages: 1	16 or older	16 or older	der
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Class	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Classicism/Neo-Classicism	Wed	Feb 10-24	7:00-9:00pm	120471H	\$40
(Botticelli, Raphael, Titian)					
Impressionism/PostImpressionism	Wed	Mar 3-17	7:00-9:00pm	120471Y	\$40
(Cezanne, Monet, Seurat, Van Gogh)					
Cubism/Futurism (Picasso, Braque)	Wed	Mar 24-Apr 7	7:00-9:00pm	120481A	\$40
Surrealism (Dali, Ernst, Magritte)	Wed	Apr 14-28	7:00-9:00pm	120481X	\$40

#### SeniorzArt Re-Discover!

Senior Citizens find out it's never too late to experience the joy of creativity at Re-Discover! Whether it's the first time or a continuation of a life-long talent, artistic expression can bring confidence and independence to artists of all ages. Through personal guidance and encouragement, seniors work with professional art supplies that are easy to manipulate. We incorporate soft music into our program which provides an atmosphere ripe for creativity. Each session has new projects so join us for one or all three! We can teach ANYONE to draw. If you can draw! If you have any questions call Tamara Cox at 317-625-2973

Instructor: Tammy Murakami Baxter or other KidzArt staff

Location: Morton Center, room 111 Ages: 50 or older

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Supply Fee
1	Mon	Jan 11-Feb 8	10:30-11:30 am	126111Q	\$50	\$25
2	Mon	Feb 22-Mar 29 no class 3/22	10:30-11:30 am	126112C	\$50	\$25
3	Mon	Apr 5-May 3	10:30-11:30 am	126121Q	\$50	\$25

<sup>\*</sup>Supply fee paid to instructor at first class.

# - Painting in Oil ————

Students will learn the fundamentals of painting in oil that have been handed down from 600 years of dedicated artists. You will be instructed, based on your skill level, on painting from a limited palette of colors and work your way to a full palette. This course will concentrate on composition, structure, design and value while handling the medium of oil. Please bring a photo or work from a still life on site. Supply list available at Morton. Call Chris for more information at 586-2465.

Instructor: Chris Kuchta

Ages: 13 or older

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Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>				
1	Tues	Jan 12-Feb 2	6:30-8:30pm	122011Z	\$65				
2	Tues	Feb 9-Mar 2	6:30-8:30pm	122012W	\$65				
3	Tues	Mar 9-30	6:30-8:30pm	122013W	\$65				
4	Tues	Apr 6-27	6:30-8:30pm	122014W	\$65				

Location: Morton Center, room 205

### Acrylic, Pastel and Oil Painting and Drawing

The new softer realism, impressionism, color enhancement, and color harmony are all taught in this class; plus composition, basic drawing and perspective principles are also taught. Still-life set-ups are available. Each student works at their own speed to complete their chosen subject with the instructor's help. Bring your own photos or use the instructor's files for ideas; seascapes, landscapes, portraits, plus many other subjects. The instructor will supply acrylics and pastels for the first six weeks for a beginning student. Oil painters must bring their own oils. Students need to call Bette at 474-2456 for additional supplies required prior to first class.

Instructor: Bette Goodrich

Location: Morton Center, room 111 Ages: 18 or older							
Mondays:	Session	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>		
	1	Jan 11-Feb 22 no class 2/15	7:00-9:00pm	121011Y	\$65		
	2	Mar 1-Apr 5	7:00-9:00pm	121021Y	\$65		
	3	Apr 12-May 17	7:00-9:00pm	121031Y	\$65		
Wednesdays	: <u>Session</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>		
	1	Jan 13-Feb 17	10:00am-Noon	121041C	\$65		
	2	Feb 24-Mar 31	10:00am-Noon	121051C	\$65		
	3	Apr 7-May 12	10:00am-Noon	121061C	\$65		

# Charles Bargue Drawing & Old Masters Study -

This course includes a comprehensive drawing study that is time tested and a proven method of understanding value, contrast, and form and a serious study in the life-drawing and compositional skills involved in old masters' drawings and paintings. The Charles Bargue drawing method was invented in the 1870's as a way to teach students in the French academy. Students will be making exhaustive studies of lithographs made from some of the world's greatest paintings and sculptures and copying them in order to gain a greater understanding of drawing and shading techniques, anatomy, movement and composition. Please pick up a supply list before the class begins at Morton. Call Chris for more information at 586-2465.

#### Instructor: Chris Kuchta

		Location: Morton (	Center, room 205	Ages: 13 or older	
<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
1	Tues	Jan 12-Feb 2	5:30-6:30pm	122021Z	\$60
2	Tues	Feb 9-Mar 2	5:30-6:30pm	122022R	\$60
3	Tues	Mar 9-30	5:30-6:30pm	122023R	\$60
4	Tues	Apr 6-27	5:30-6:30pm	122024R	\$60

# **Photoshop for Beginners**

Whether or not it is learning how to improve your photos or create works of art, let Chris teach you how to manipulate photos and graphics in photoshop. If you want to learn to manipulate photos, please bring your own images. The small class size will enable the instructor to tailor this class to meet your individual needs. Call Chris Kuchta for more information at 586-2465.

#### Instructor: Chris Kuchta Location: Morton Center, room 105

<u>Ag</u>	<u>ges</u>	Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
13.	-older	1	Mon	Jan 11-Feb 1	6:00-7:00pm	122031Z	\$85
13-	-older	2	Mon	Feb 8-Mar 8 no class 2/15	6:00-7:00pm	122032W	\$85
13-	-older	3	Mon	Mar 15-Apr 5	6:00-7:00pm	122033W	\$85
13-	-older	4	Mon	Apr 12-May 3	6:00-7:00pm	122034W	\$85

#### Watercolor -

Re-creating a new reality, establishing unity and producing unique works, you will be encouraged to recognize and nurture your personal vision. Demos will explore a wide variety of approaches. There will be demos showing the variety and importance of the surface of the paper and pigment reactions. For all levels. Please pick up a supply list when registering and call Rena at 765-589-3115 or e-mail her at Rena@RenaBrouwer.com before the first day of class.

#### Instructor: Rena Brouwer

Location: Morton Center, room 205

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	Reg. Deadline	<u>Time</u>	<u>Code</u>	<u>Fee</u>
16-older	Wed	Jan 20-Feb 10	Jan 19	11:30am-3:00pm	1202760	\$80

# Watercolor - Mixing it Up-

Expand your possibilities. You will be introduced to materials and methods through demonstration. Creative techniques may be used for realistic as well as abstract effects. Watercolor will be combined with other mediums. You may pay a \$15 supply fee to the teacher to provide materials or you may pick up a supply list upon registration and bring your own supplies. Call Rena at 589-3115 or e-mail her at Rena@RenaBrouwer.comifyou have questions.

#### Instructor: Rena Brouwer

Location: Morton Center, room 205

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	Reg. Deadline	<u>Time</u>	<u>Code</u>	<u>Fee</u>
16-older	Wed	Feb 24-Mar 17	Feb 23	11:30am-3:00pm	120277Q	\$80

# Decorative Painting

Instructor: Candace Larson Location: Morton Center, room 205

**Children's Pet Parade**-The children are lined up for a parade and have their pets which include a dog, cat, bird, sheep, pig and rooster. Join us for this fun class with lots of design possibilities. Painting experience required. Students are encouraged to develop their own style. Bring painting surface to first class. Contact instructor at 765-463-2548 for information. Supply fee includes artist quality paint and mediums, detailed instructions, and color worksheet.

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	Regist.Deadline	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
16-older	Wed	Feb 3-Mar 10	Feb 1	6:30-8:30pm	120211W	\$90	\$7

**Folk Art Birds with Wheat and Herbs-**We will paint delightful birds that will make you smile. Their tail feathers are sprays of wheat, tulips, and herbs. The design will fit on trays, breadboards or small furniture pieces. Painting experience required. Bring painting surface to first class. Call Candace at 765-463-2548 for information. Supply fee includes artist quality paint & mediums, detailed instructions and color worksheet.

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	Regist.Deadline	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Supply Fee
16-older	Wed	Mar 31-Apr 28	Mar 29	6:30-8:30pm	120231W	\$75	\$7
			*Supply fee paid	l to instructor at	first class.		

# Pottery On The Wheel - All Levels with Gail

Beginners will cover pottery wheel throwing, hand-building, design, and simple glaze techniques. Intermediate and advanced students will continue their work with emphasis placed on individual techniques and skill levels. Students will receive individualized instruction and be challenged on special projects and given specialized demonstrations chosen on the first class. Lab-time practice is encouraged. Call Gail at 418-0454 for any questions. Call Morton Center 775-5120 for registration.

Instructor: Gail Johnston

Location: Morton Center, room 201

Supply Fee: \$25 for 25 lbs. of clay and \$15 for tool kit paid to instructor at first class

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
16-older	Mon	Jan 18-Apr 19 no class 2/15, 3/15& 4/5	6:30-8:30pm	125251A	\$175
16-older	Tue	Jan 19-Apr 20 no class 2/16, 3/16 & 4/6	9:30-11:30am	125251Y	\$175

# Advanced Pottery with Gail-

This class is designed for continuing students who want to be challenged in various areas of working with clay. Class projects and demonstrations will be decided on the first class. Students will work at their own pace with plenty of individual instruction. Lab-time practice is encouraged. Call Gail at 418-0454 for any questions.

Instructor: Gail Johnston

Location: Morton Center, room 201

Supply Fee: \$25 for 25 lbs. of clay to be paid to instructor at first class

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
16-older	Tue	Jan 19-Apr 20 no class 2/16, 3/16 & 4/6	6:30-8:30pm	125151A	\$175

# Pottery – All Levels with Virginia –

Beginning students will learn basic pottery techniques, including hand building, wheel throwing, glazing and decorative techniques. Intermediate and advanced students will have the opportunity to develop individual expression and have challenging projects to extend their ceramic skills. Please e-mail Virginia at vrussell@ceris.purdue.edu if you have questions.

Instructor: Virginia Russell Location: Morton Center, room 201

Supply Fee: \$25 per 25 lbs. of clay and \$15 for tool kit for beginners to be paid to instructor

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18-older	Thu	Jan 21-Apr 22 no class 2/18, 3/18 & 4/8	6:30-8:30pm	124061Z	\$175

# - Advanced Pottery with Virginia -

This class is for those who have had at least two pottery classes at Morton or by permission of the instructor. Students will be encouraged to pursue individual projects and develop their own unique style. Many construction and decorative techniques will be introduced. Email Virginia at vrussell@ceris.purdue.edu for more information.

Instructor: Virginia Russell

Location: Morton Center, room 201

Supply Fee: \$25 per 25 lbs. of clay to be paid to instructor

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
18-older	Thu	Jan 21-Apr 22 no class 2/18, 3/18 & 4/8	10:00am-Noon	124171Z	\$175

### So You Always Wanted to Try the Pottery Wheel -

This class is designed to give a person a chance to try the pottery wheel without committing to a full-length class. Clay fee is \$7. Once the clay is purchased and the instructor gives a short instruction, you are off for fun in the mud! Once you have completed a piece, you will place your name and name of the glaze that you would like to have from a selection provided, and Angie will take care of the rest. In a few weeks, your piece(s) will be ready to pick up. Wear old clothes and be ready to have some fun! Call Angie at 463-5546 for class information.

Instructor: Angie Peterson

Location: Morton Center, room 201

<u>Ages</u>	<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
7-adult	Fri	Mar 19	10:00-11:00am	124181T	\$20	\$7
7-adult	Fri	Mar 19	4:30-5:30pm	124182T	\$20	\$7
7-adult	Fri	Mar 26	10:00-11:00am	124271Z	\$20	\$7
7-adult	Fri	Mar 26	4:30-5:30pm	124371Z	\$20	\$7

<sup>\*</sup>Supply fee paid to instructor at first class

# **Fun for Kids and Teens**

#### Shotokan Traditional Karate

Shotokan Karate is one of the most popular styles of Karate in the world. Shotokan Karate combines traditional Okinawa techniques with scientific understanding. Karate is a great exercise, it increases strength, flexibility and helps promote self-confidence as well as self-discipline. Shotokan Karate is beneficial for all ages. You should wear loose comfortable clothing, no jewelry or shoes allowed. Call Marc at 463-1102 for more information.

Instructor: Dr. Marc Rogers

Location: Morton Center, room 206 & 208

Days/Time: Mondays - 4:30-5:30 pm AND Fridays - 4:30-6:30 pm

<u>Ages</u>	<u>Dates</u>	<u>Code</u>	<u>Fee</u>
10 or older	Jan 18-Apr 30 no class 2/15, 3/22, 3/26 & 4/2	152771R	\$100

# Cartooning, Comics and Anime

Do you like comics and cartoons? Do you enjoy Japanese animation such as Yu-gi-oh, Pokemann and Dragonball-Z? Do you want to know how the professional comic book artists work? You will learn some of the things they need to know to draw some of their favorite characters and will be given the opportunity to practice Japanese animation. You will also learn how professional comic book artists work. Using the same tools and techniques, students will learn story flow, composition, page design and layout, as well as spending time honing their drawing skills. Supply list available at Morton. Call Chris for more information at 586-2465.

#### Instructor: Chris Kuchta Location: Morton Center, room 205

<u>Ages</u>	<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
7-Adult	1	Mon	Jan 11-Feb 1	5:00-6:00 pm	112211A	\$60
7-Adult	2	Mon	Feb $8 - Mar 8$ no class $2/15$	5:00-6:00 pm	112221A	\$60
7-Adult	3	Mon	Mar 15-Apr 5	5:00-6:00 pm	112231A	\$60
7-Adult	4	Mon	Apr 12-May 3	5:00-6:00 pm	112391A	\$60

#### Advanced Drawing & Painting for Youth -

Sports, Star Wars, animals or whatever your favorite subject is, you can have fun painting them in acrylic, pastel, water color pencils or graphite pencils. Then you can frame your work and hang it or enter them in the 4H County Fair or the Morton Center Art Show. Call Bette at 474-2456 for more information and a supply list.

Instructor: Bette Goodrich Location: Morton Center, room 111

<u>Ages</u>	<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
8-older	1	Tues	Jan 12-Feb 16	4:00-5:30 pm	121311Q	\$65
8-older	2	Tues	Feb 23-Mar 30	4:00-5:30 pm	121321Q	\$65
8-older	3	Tues	Apr 6-May 11	4:00-5:30 pm	121331Q	\$65

### Line and Space —

This drawing class introduces the basic principals of line and space. Students will learn about line, form and perspective. Our focus will be on what creates depth in drawing. Younger students will be learning ideas that may be new to them, older students will build on what they may have already learned. Call Amelia s at 430-3691 for more information.

Instructor: Amelia Roberts
Location: Morton Center, room 111

<u>Grades</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
K - 3	Sat	Jan 23- Feb 13	10-10:45am	120571C	\$35	\$5
4 - 6	Sat	Jan 23- Feb 13	11:00am-Noon	120571D	\$35	\$5

<sup>\*</sup>Supply fee paid to instructor at first class

#### **Treasure Hunt: Quest for the Artist**

Explore a variety of mediums and techniques in this beginner level class. Lessons concentrate on developing basic drawing skills with a focus on discovering personal style. Students build portfolio each class and will be assigned simple homework. Learn problem solving skills and how to see like an artist. Create your own treasures. This is a fun class! Students should pay a supply fee of \$35 to instructor at first class. During the class, additional projects may be undertaken that may require additional supply fees. Call Rachelle for more information at 242-5812.

#### Instructor: Rachelle Sipple Location: Morton Center, room 111

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
8-older	Thur	Jan 14-Mar 4	5:30-6:45 pm	123011B	\$100	\$35
8-older	Thur	Mar 11-Apr 29	5:30-6:45 pm	123021B	\$100	\$35

\*Supply fee paid to instructor at first class

### Science Detectives- NEW CLASS!

Ever wonder why the sky is blue? Come be a detective and investigate topics like color, light, sound, magnets and more. Core science concepts will be taught through hands on discovery activities, centers, and projects. This kid friendly science class is for preschooler's age 3 through 5 (must be potty trained). Call Michele at 765-807-5006 or e-mail michele.landskron@comcast.net for more information.

Instructor: Michele Landskron

Location: Morton Center, room 10	) [	1
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<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
3 - 5	Fri	Apr 30-May 21	10:40-11:50am	112171L	\$45	\$15

\*Supply fee paid to instructor at first class

#### **Kidz Art**

Instructor: Tammy Murakami Baxter or another Kidz Art Staff Location: Morton Center, room 111

\* Supply fee for Kidz Art programs are paid to instructor at first class.

If you have any questions about the Kidz Art programs, call Tamara Cox at 317-625-2973.

**KidzArt Connect!** Through individual guidance and encouragement, students learn how to use the language of art to express their thoughts and ideas more clearly. They learn to connect the world around them using lines and shapes while thinking about the choices they make. This is a time where students learn to make choices for a reason with their artwork. Music is incorporated in the program which helps the creativity flow. Build confidence, increase problem-solving and focusing skills with KidzArt Connect!

<u>Ages</u>	Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
$3\frac{1}{2}$ - $5\frac{1}{2}$	1	Mon	Jan 11-Feb 8	9:00-10:15am	125911N	\$60	\$25
$3\frac{1}{2}$ - $5\frac{1}{2}$	2	Wed	Jan 13-Feb 10	1:00-2:15pm	125912W	\$60	\$25
$3\frac{1}{2}-5\frac{1}{2}$	3	Mon	Feb 22-Mar 29 no class 3/22	9:00-10:15am	125921N	\$60	\$25
$3\frac{1}{2}-5\frac{1}{2}$	4	Wed	Feb 17-Mar 17	1:00-2:15pm	125922W	\$60	\$25
$3\frac{1}{2}-5\frac{1}{2}$	5	Mon	Apr 5-May 3	9:00-10:15am	125931N	\$60	\$25
$3\frac{1}{2}-5\frac{1}{2}$	6	Wed	Mar 31-Apr 28	1:00-2:15pm	125932W	\$60	\$25

**KidzArt Imagine** - Through our interactive format, students learn how to use their own creativity to access the power of their imagination. Mistakes are minimized with learned strategies while using problem-solving skills. Students build confidence and increase focusing skills through our original class format. Brainstorming methods take place in every class to make this a creative-based drawing program. Music is incorporated into our program which helps the creativity flow. No art experience necessary. Students complete a project in every class. Projects never repeat so come to one session or join us all semester. We can teach anyone to draw. If you can draw, you can draw!

<u>Grades</u>	Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
1 - 3	1	Wed	Jan 13-Feb 10	4:30-5:30 pm	126011Q	\$50	\$25
1 - 3	2	Fri	Jan 15-Feb 12	4:30-5:30 pm	126011T	\$50	\$25
1 - 3	3	Wed	Feb 17-Mar 17	4:30-5:30 pm	126021Q	\$50	\$25
1 - 3	4	Fri	Feb 19-Mar 19	4:30-5:30 pm	126021T	\$50	\$25
1 - 3	5	Wed	Mar 31-Apr 28	4:30-5:30 pm	126031Q	\$50	\$25
1 - 3	6	Fri	Apr 9-May 7	4:30-5:30 pm	126031T	\$50	\$25

**KidzArt Explore!** Students embark on a virtual journey to explore the many elements of the visual arts. Get exposed to a variety of artistic styles, cultural interpretations and mediums. The elements of brainstorming and more complex forms of problem solving are introduced through our interactive format. Music is incorporated into our program which helps the creativity flow. Confidence will continue to increase that you will see carry over into other areas as well. No art experience necessary. Students complete a project in every class. Projects never repeat so come to one session or join us all semester. We can teach ANYONE to draw. If you can dream, you can draw!

<u>Grades</u>	<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
4 - 6	1	Mon	Jan 11-Feb 22 no class 2/15	4:30-5:30pm	126041Q	\$60	\$25-
4 - 6	2	Mon	Mar 1-Apr 12 no class 3/22	4:30-5:30pm	126041T	\$60	\$25

<sup>\*</sup> Supply fee for Kidz Art programs are paid to instructor at first class

# **Kids Pottery with Gail**

Beginning and intermediate students work at their own pace on the wheel. Each student will have a wheel to work on and a chance to work on a hand built project. Students will glaze their artwork during the 5<sup>th</sup> class. Finished pieces may be picked up during the last (6<sup>th</sup>) class. Register early! Classes fill quickly. We all have a lot of fun so wear old clothes and get ready to play in the mud. Call Gail at 418-0454 for more class information.

Instructor: Gail Johnston

Location: Morton Center, room 201

<u>Ages</u> <u>Day</u> <u>Dates</u> <u>Time</u> <u>Code</u> <u>Fee</u> \*<u>Supply Fee</u> 9 - 17 Mon Jan 18 - Mar 1 no class 2/15 4:15–5:30pm 125571O \$85 \$20

\*Supply fee to be paid at the beginning of the first class to the instructor.

# Kids Hand Building Class with Gail

This class is designed to introduce children to clay. The students will work with the slab roller and coil extruder. Decorating their work with simple glaze designs will be done on the fourth class. On the last class day students can pack up their finished treasures between 4:15-5:00pm. Register early! Classes fill quickly. We all have a lot of fun so wear old clothes and get ready to play in the mud. Call Gail at 418-0454 for more class information.

Instructor: Gail Johnston

Location: Morton Center, room 201

 Ages
 Day
 Dates
 Time
 Code
 Fee
 \*Supply Fee

 6-10
 Wed
 Jan 20 – Feb 24
 4:15–5:15pm
 125577Q
 \$85
 \$20

\*Supply fee to be paid at the beginning of the first class to the instructor.

# **Pottery for Teens**

This class is designed for the older student in mind. The class is longer in length giving the student more time to learn how to make a specific shape in pottery. We will be spending two class periods on the wheel with specific projects in mind. (For example; a plate, a cup and a bowl) Beginning and intermediate students are welcome and I will work with each student at their own pace. We will throw for the 1<sup>st</sup> two weeks and the 3<sup>rd</sup> week we will glaze the pottery. The 4<sup>th</sup> is a pick up day. Call Angie at 430-3904 for class information and Morton at 775-5120 to sign up for the class. \*Supply fee to be paid at the beginning of the first class to the instructor.

Instructor: Angie Peterson

Location: Morton Center, room 201

 Ages
 Day
 Dates
 Time
 Code
 Fee
 \*SupplyFee

 12-18
 Wed
 Apr 7 - Apr 28
 4:30-6:15pm
 124511A
 \$85
 \$20

\*Supply fee to be paid at the beginning of the first class to the instructor.

Register Early by Mail NOW!

All other forms of registration begin Wed., Jan. 6

Make sure you get the class you want.

Mail your registration today!

# Friday Enrichment Classes for Preschoolers

Parents of preschoolers are welcome to enroll their children in one or more Friday enrichment classes. Class instructors escort children from one class to the next if children take more than one class. Age requirements for classes vary.

# <sup>-</sup>Alphabet Adventures – NEW class each session! *–*

Come join us in this alphabet adventure for 3 and 4 year olds. Jump into the world of letters through story book adventures and themes with follow up activities including games and crafts which help them to learn letter sounds and phonetic awareness. Great take home teaching tips and activities too! We will have focus letters each week as well as whole alphabet review. Our instructor, Michele Landskron, would be happy to answer any of your questions at 765-807-5006 or e-mail michele.landskron@comcast.net.

Instructor: Michele Landskron

Location: Morton Center, room 101 Ages: 3-4 (must be potty trained)

<u>Session</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Supply Fee
1	Fri	Jan 15-Feb 19	9:20-10:30am	113051Y	\$65	\$12
2	Fri *	**Feb 26-May 7 no class 3/19, 3/26 & 4/2	9:20-10:30am	113061Y	\$85	\$16
		*Supply fee paid to instruct	ctor at first class			

<sup>\*\*</sup>Please note this is an 8 week class which is longer than the other enrichment classes.

#### - Mini Math Minds -

What do Graphing gorillas, Counting Pumpkins and Designing Patterns all have in common? Come find out in our hands on math class for 3 and 4 year olds. We will play all new games, create projects, and discover math in our world each session. Each child will be given materials/take home activities which allow them to explore math at home with their parents. Session class topics will vary with each session so you can enroll your child in one or both. Call Michele at 765-807-5006 or e-mail <a href="mailto:michele.landskron@comcast.net">michele.landskron@comcast.net</a> for more information.

Instructor: Michele Landskron Location: Morton Center, room 101 Ages: 3-4 (must be potty trained)

Session	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Supply Fee
1	Fri	Jan 15-Feb 19	10:40-11:50am	112121A	\$65	\$12
2	Fri	Feb 26-Apr 23 no class 3/19, 3/26 & 4/	2 10:40-11:50am	112121X	\$65	\$12
		*Supply fee paid to ins	structor at first clas	SS		

#### - Club Math -

Jump into our exciting world of club math and concepts in a hands-on small learning group. We will play all new games, create projects and discover math in our world each session so you can sign up for one or both. Each child will be given materials/take home activities which allow them to explore math at home with their parents. Explore different topics all year long including odd & even, patterns, problem solving, counting, shapes, probability & more. Call Michele at 765-807-5006 ore-mail michele.landskron@comcast.net for information.

Instructor: Michele Landskron Location: Morton Center, room 101

<u>Ages</u>	Ses.	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*SupplyFee
4-6	1	Fri	Jan 15-Feb 19	Noon-1:10pm	112111A	\$65	\$12
4-6	2	Fri	Feb 26-Apr 23 no class 3/19, 3/26 & 4/2	Noon-1:10pm	112111B	\$65	\$12
			*Supply fee paid to instru	uctor at first class	}		

# · Wild Things – Carnival of the Animals by Saint-Saëns

Lions and elephants, fish, kangaroos and swans - come and join the parade! It's lots and lots of fun!!! We will sing and dance and make our stage prop crafts to share with you on our last day at the zoo! "Come, join us! Come hurry to the carnival." Roar! Last day we share the carnival with parents in the multipurpose room. Students will need to wear black t-shirt for performance at last class. Call Marla's Music at 420-9363 or Joy McEwen at 464-0580 for more information.

Instructors: Marla's Music and Joy McEwen

Location: Morton Center, room 106

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>	*Supply Fee
3-5	Fri	**Jan 29-Mar 5	12:30-1:10 pm	114111N	\$55	\$5

<sup>\*</sup>Supply fee paid to instructor at first class

#### - Kiddin' Around

Here is a class for the most active of preschoolers. All that is required is a desire to have fun, explore, and play! Each week there will be a different theme in which the children will interact with a variety of related games and activities. Come join in and let the fun begin! Call Anna at 477-6504 for more information.

Instructor: Anna Troxell

Location: Morton Center, room MPR

<u>Ages</u>	<u>Day</u>	<u>Dates</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
3-5	Fri	Jan 15-Feb 19	1:15-1:55 pm	113131J	\$25
3-5	Fri	Feb 26-Apr 23 no class 3/19, 3/25 & 4/2	1:15-1:55 pm	113141J	\$25

# Reading Razzle – Let's READ!

Who is reading? You are! Come join us for a reading literacy adventure. Concepts covered in this class will include vowel patterns, blends, beginning sight words, and beginning reading skills. Small class size will allow for individualized instruction and lots of hands on learning through games, little books, and more. There will be take home fun packs for you and mom or dad too! (Students enrolling in this class should be able to identify most of the alphabet letter names—upper and lowercase and sounds.) Our instructor, Michele Landskron, has a strong background in youth education and would be happy to answer any of your questions at 765-807-5006 or e-mail michele.landskron@comcast.net for more information.

Instructor: Michele Landskron Location: Morton Center, room 101

<u>Ages</u>	<u>Ses</u>	<u>Day</u>	<u>Dates</u>	Time	<u>Code</u>	<u>Fee</u>	*Supply Fee
$4\frac{1}{2}-6$	1	Fri	Jan 15-Feb 19	1:20-2:30pm	112101L	\$70	\$20
41/2-6	2	Fri	Feb 26-Apr 23 no class 3/19, 3/26, & 4/2	1:20-2:30pm	112102Y	\$70	\$20
			*Supply fee paid to instru	ictor at first class	S	•	

Check out our Website www.parks.westlafayette.in.gov

<sup>\*\*</sup>This class begins and ends on different dates from other enrichment classes.

# **Riverside Skating Center**

Regular public skating hours of operation (weather permitting)

Monday & Wednesday: 4:00 - 6:00 pm & 7:00 - 9:00 pm Tuesday: 4:00 - 6:00 pm, Thursday: 7:00 - 9:00 pm

Fridays: 4:00 - 6:00 pm & 7:00 - 10:00 pm

Saturdays: 1:00 - 3:00 pm, 4:00 - 6:00 pm & 7:00 - 10:00 pm Sundays: 1:00 - 3:00 pm, 4:00 - 6:00 pm & 7:00 - 9:00 pm

Admission is \$4.00 per session. Skate rental is \$2.00 per session

(CASHONLY)

#### **Special Holiday Schedule**

<u>Date</u>	Hours of Operat	<u>ion</u>	
Thur, Dec 24	1:00 - 3:00pm,	4:00 - 6:00pm	(Fri, Dec 25-CLOSED)
Sat, Dec. 26	1:00 - 3:00pm,	4:00 - 6:00pm,	7:00 - 10:00pm
Sun-Thur, Dec 27-Dec 31	1:00 - 3:00pm,	4:00 - 6:00pm,	7:00 - 9:00pm
Fri & Sat, Jan 1 & 2	1:00 - 3:00pm,	4:00 - 6:00pm,	7:00 - 10:00pm
Sun, Jan 3	1:00 - 3:00pm,	4:00 - 6:00pm,	7:00 - 9:00pm
Mon, Jan 18	1:00 - 3:00pm,	4:00 - 6:00pm,	7:00 - 9:00pm
Adm	ission: \$4.00 Sk	cate Rental \$ 2.00	(CASH Only)

For more information phone the Skating Center at **743-RINK** (743-7465) or the City Hall office at 775-5110. The rink is available for rent. Call Morton 775-5120 for information

**Learn to Skate Lessons-** The purpose of the Learn to Skate program is to introduce the basic skills of ice skating using a variety of safe, fun techniques that build confidence and encourage participation at the recreation level and possibly beyond. This is designed for any child that has never taken lessons before or wants to improve on previously learned basic skills. Skills to be taught include basics of balancing, stopping, one foot gliding and playing games that reinforce these basic skills. Other skills taught include the proper way to fall on the ice and stand up again, skating forward and backward using sculling motion and knee dips.

*Day/Dates:	Saturdays,	Jan 16 - Feb 6
•	• • •	

<u>Ages</u>	<u>Time</u>	<u>Code</u>	*Fee
8 - 13	9:30-10:00 am	180116A	\$45
5 - 10	10:00-10:30am	180117B	\$45
5 - 10	10:30-11:00am	180117C	\$45
5 - 10	11:00-11:30am	180118C	\$45
			_

\*Lesson fee includes 4 thirty minute lessons AND

4 public skating admission passes (skate rental not included with passes)

**Learn to Skate One Day Clinic** - Get a jump on the New Year learning to skate or building on your skating ability. The clinic will last two hours with the first hour dedicated to a safety and equipment lecture followed by an onice group lesson. Basic skills of falling, gliding dips and crossovers as well as skating backwards will be covered. The second hour will be an open practice with instructors making suggestions and corrections. This clinic will cover several different requirements of the BSA Ice skating badge. For more information call the rink at 743-7465.

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Code</u>	<u>Fee</u>
Saturday	Jan. 2	10 am – Noon	180311A	\$12

# Shelter Reservations

#### Shelter Reservations

Reserve a shelter for this summer's activity at Happy Hollow Park & Cumberland Park. Make your reservations in person or by phone. You must use a credit card for phone in reservations. Call our office at 775-5110 for more information. Please know the date and time you prefer before you call. Fees must be paid at the time the reservation is made.

Sorry, Shelter reservations are
Non-Refundable and Non-Transferable.
Shelter Rental for 2010 begins
Monday, January 4

Shelters are available for rent April 1 - October 31

# Softball

### Adult Coed and Men's Softball Leagues

League play starts in early May. An organizational meeting will be held sometime in March. Games are played in the evenings, Monday through Thursday. If interested in forming a team or playing call the Parks and Recreation office at 775-5110

#### Senior Slow Pitch Softball (55 and Over)

Games are played on Tuesday and Thursday from 8:30-10:30 am at the Arni Cohen Softball Fields on Salisbury starting in May. In this recreation league, you don't have to commit to every Tues. & Thurs., just show up and play when you can. Call the Parks and Recreation office for additional information at 775-5110.

# **Photo Disclaimer**

We like to take pictures of our classes and special events. We use the photos to promote our programs and add to our archives. If you do not wish to have your photo or your child's photo taken, please notify the photographer.

# **Holiday Office Closures**

Parks & Recreation
City Hall Office 775-5110
& Morton Center 775-5120
will be closed for these holidays:
New Year's Holiday - Fri., Jan 1
\*Martin Luther King Day - Mon., Jan 18
President's Day - Mon. Feb 15
Good Friday - Apr. 2
Election Day - May 4
Memorial Day - Mon, May 31

Morton Center open Jan. 18 M.L.King and May 4 Election Day

# **Farmer's Market**

#### Attention: Farmers' Market Vendors

Would you like to sell your locally made or grown products, food products, plant stock, crafts or artistic materials at the Sagamore West Farmers' Market?

If so, read on.

The Sagamore West Farmers' Market will operate on Wednesdays from 3:00 - 6:30 pm in the north end of the south parking lot of Cumberland Park (near the intersection of Salisbury St. and LaGrange St. -one block north of Cumberland Ave.)

The season tentatively runs from early May 2010 until the end of October 2010.

The 2010 Sagamore West Farmers' Market is a joint venture of West Lafayette Parks and Recreation and Farmers' Market Advisory Committee.

# Four easy ways to register.....

# Mail-In (Best way!)



Registrations will be processed in postmark & date received. If there is a problem with your mail-in registration, we will contact you.

#### 24 hour Drop Box



At your convenience, drop off your completed registration form with payment in a sealed envelope marked Parks & Recreation. The drop box is located in the City Hall parking lot, the same box is used for Wastewater payments. Drop box registrations will be processed after the next day's mail-ins.

#### Call-In & Walk-In





Register in person or by phone beginning Wednesday, Jan.6 Monday - Friday, 8 am - 4:30 pm We acceptVisa, MasterCard & Discover.

Have your completed registration form ready before you call during regular office hours.

City Hall 775-5110 or Morton Center 775-5120

Need a Receipt? Send a self-addressed stamped envelope.

Mail-in Registration will be processed early by postmark dates.

All other forms of registrations begin on Wednesday, Jan. 6. Classes may fill prior to Jan.6.

No confirmations will be sent! You may assume you are registered unless otherwise notified.

# Fine Print: Things You Should Know.....

# Register Early!

Registering early helps us do a better job of serving you by preparing programs for the proper amount of participants. Most of our programs have a limit on the number of participants. We depend on your participation for a successful class. Early registration allows us to schedule the necessary sessions, add instructors when needed, and prepare supplies and materials.

# **Facility Reservations**

The group and contact person listed on the rental confirmations are responsible for all damages to City of West Lafayette property or equipment and for full compliance with the Department's rules and regulations. Failure to completely follow the rules and regulations may result in immediate suspension of the activity in the facility and the forfeiture of future facility rental privileges

# **Refund Policy**

If we cancel a class, all fees will be refunded.

If you cancel at least two business days prior to the start of the class, you may receive a refund less a \$5.00 processing fee.

Because decisions to maintain classes are based on enrollment at the first class, NO refunds will be granted within two business days of the first class.

Refund claims will be processed at the next regularly scheduled City Board meeting. Refund checks will be mailed.

Questions??? Call us.... City Hall office - 775-5110 Morton Center - 775-5120 **Instructors** - Our instructors are independent contractors. The curriculum is determined by the instructor.

# **Supply Lists**

Some of our classes require a supply list. Supplies should not be purchased until two business days prior the start of class. Most classes have a minimum number of registrants required to hold the class.

# No Receipts Mailed

No confirmations will be sent. Assume you are registered unless you are notified. If you need a receipt, send along a self addressed stamped envelope.

#### Keep this Brochure!

Brochures are published three times per year April, August & December. Keep this for reference until you receive your next brochure in late April Please read information on page 32 before registering

Mail in Registration begins immediately - Don't delay, Mail today!

Mail to: REGISTRATION FORM West Lafayette Parks & Recreation 609 W. Navajo								
West Lafayette, IN 4		For more Information Call 775-5110						
Please Print Family Name:		Addre	ess/City_					
Home Phone:	Work Phone:							
Cell Phone:	Email:							
First Name	Last Name*	Birthdate	Grade	Sex	Class	Class Code	Fee	
2								
3								
4					r			
5.								
Make check payable to: City of West Lafayette  *If different from family name  Method of payment:								
By registering for We	Release Statement st Lafayette Parks & Re	ecreation	□Check	k □Ca	ish □Visa	□MasterCard □	Discover	
Programs, registrant realizes the inherent risks involved in the programs and appreciates the nature of		nature of	Card Number					
the risks. The applicant holds the West Lafayette Parks & Recreation Department harmless for any damages caused by participation in these programs.		for any rograms.	Expiration Date					
Participants registering for activities of a strenuous nature are encouraged to seek a physician's approval.			Name as printed on card					
			Signatu	re				

#### NO RECEIPT will be sent:

You will not be notified of enrollment unless difficulty is encountered. Please keep a record of program dates and times.

NEED A RECEIPT? Send along a self addressed stamped envelope.

Remember...Priority Registration
by Mail-In Only
receipted by postmark.
Other forms accepted Wednesday, Jan 6.

#### Parks & Recreation Discover the Benefits...

"People who cannot find time for recreation are obliged sooner or later to find time for illness."- John Wanamaker

City Hall office 775-5110 Morton office 775-5120 Monday - Friday 8:00 a.m. - 4:30 p.m.



If you register for a class from this brochure you will automatically be added to our mailing list. If you haven't registered for programs, rented a shelter or had any activity with our department, we will purge you from our mailing list. If you wish to stay on our mailing list but aren't registering, just let us know.

Call us at our City Hall office 775-5110

or Morton Center 775-5120,
or email us at wlparks@westlafayette.in.gov

Check out
Free Classes
Yoga -pg 5
Dao YinYang Sheng Gong -pg 8

Mail-in registrations are accepted by date received. All other forms of registration will begin on January 6 Classes may fill before Jan. 6. Mail your registration TODAY!

Take the Family
Ice Skating at
Riverside
Skating Center
743-(Rink) 7465

Mark your
Calendar
Mor Danc'n
Dance Recital
May 1

Check out our website-www.parks.westlafayette.in.gov

West Lafayette Parks & Recreation Discover The Benefits....
609 West Navajo
West Lafayette, IN 47906

PRSRT. STD U.S. Postage Paid LAFAYETTE, IN Permit No. 243

# SAVE THIS BROCHURE!

It contains all the information you need regarding classes and upcoming events.